

# POWER OF THE MIND, MIND BODY CONNECTION, & LAW OF ATTRACTION

*The power which a man's imagination has over his body to heal it or make it sick is a force which none of us are born without. The first man had it; the last one will possess it. --Mark Twain, 1903*

*Our intention creates our reality. -- Dr. Wayne Dyer*

*A man is but the product of his thoughts what he thinks, he becomes -- Mohandas Gandhi*

*The mind is everything. What you think you become, Buddha*

All throughout history we have been told how powerful our minds are. Powerful enough to heal our bodies, or at least improve our health, and powerful enough to change the course of our lives. Yet we only use a small fraction of our minds. If we all knew just how powerful our minds really were and knew how to use that power our lives and world could be so different. We could actually shift our culture away from greed, jealousy, fighting, stealing, to one of more peace. There would be no need to get what someone else had because you would have the power to manifest it for yourself.

You may have seen it on CNN, heard it on Oprah -- even Saturday Night Live had a skit about it. The Law of Attraction is one of the hottest things right now. The bestselling novel and film, *The Secret*, reveals the power of Law of Attraction. It is no secret; the concepts are thousands of years old. It is said to be the key to wealth, health, success, love, confidence, respect, admiration and the list goes on. The Universal Principles Law of Attraction is something that is naturally all around us and anyone can master. Once you "get it", there is no looking back! The simplest definition of this law is "like attracts like." What are you attracting, or not? This series will help you learn how to put the Universal Law of Attraction to work for you. It will help you discover how to get what you really want in your life. It will help you know how to get from here to where you want to be. Do you have any idea how powerful your mind really is? Want to begin to manifest your heart and soul's desires while creating better health!

- Have you seen or read *The Secret* and want to know more about the Laws of Attraction and practical everyday applications?
- Would you like to attract and experience meaning & purpose in your life?
- Have you read the *The New Earth* and want to apply the concepts into your life?
- Would you like to attract and manifest your heart & soul's desires?
- Do you want to attract and live a more spirit filled & joyous life?
- Do you want to understand why Laws of Attraction may not be working for you?

Join me, and learn how to make the omnipresent Laws of Attraction that govern the Universe work to your advantage. Learn how to discover and achieve more than just material possessions but, to experience your heart and soul's deepest desires. Learn how to incorporate the songs of your heart and soul into your daily living and relationships. The knowledge you will gain will take the guesswork out of your everyday life and allow you to trust your Self to get what you really want. Learn strategies to prevent negative situations from repeating themselves and take charge of your life. Come discover the tools that will help you attract what you really truly desire in this intensive workshop. You will have opportunities to clear emotional blocks to your success. What's stopping you from feeling more alive and living the life you were meant to live?

2-Hour - Three part series that builds on itself.

Session 1: Mind-Body Connection/Power of the Mind/Impact on Health

Session 2: Understanding Law of Attraction/Quantum Physics

Session 3: Practical everyday application of the principles

**Fran Spayne, M.A., Life Coach/Therapist, Motivation Coach, Psychological Intuit & Reiki**

**Master:** In private practice for more than 30 years, has blended psychology, universal spiritual teachings, metaphysics, meditation, and mind/body therapies to help heal minds to achieve more peace and joy in daily living. She is committed to helping create the life you were meant to live. Fran offers on-going coaching support while long term life changes are being created. She has the ability to see into your past and read old anchored in emotions, such as loneliness, abandonment, anger, helplessness, and fear of loss, which establish many of your deeply held, yet untrue beliefs about who you are today. Her deep healing work quickly clears these emotions and restores you to balance; freeing you to live the life you were meant to live.

Fran also teaches workshops all over New England on the power of the mind, the mind body connection, manifesting using Law of Attraction, quantum physics, universal spiritual principles (ACIM) and much more. She is committed to helping you create the life you were meant to live. Fran is a member of Emerson Hospital's Integrative Medicine & Reiki Teams, Concord Prison Outreach, Concord/Carlisle Restorative Justice, and well a Coach/Counselor work for a local state agency. [www.MiracleWork.org](http://www.MiracleWork.org)

The universal, spiritual non-denominational teachings of A Course in Miracles are incorporated into Fran's work, which enables you to connect to your spirit and to find more peace, love and joy.

[www.MiracleWork.org](http://www.MiracleWork.org) - 978-568-1201 978-568-1201 Available for Phone Sessions